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2019

Boys Soccer Handbook

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*Subject to change

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Boys Soccer Calendar 2019

The MMHSAA approved boys' soccer season is

First Practice.....	Monday, August 19
First Scrimmage.....	Monday, August 26
First Game.....	Monday, August 26
Rosters deadline.....	Friday, September 20
Last League Game.....	Friday, October 25
ALL-WNY Scholar Athlete Form.....	Wednesday, November 14

Boys soccer Advisory Committee

Committee voting privileges:

As per the MMHSAA Constitution “The representative members on each sport committee will be the coaches of the school participating and have only one vote per school. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a school can serve in both capacities but will have only one vote.” This committee can only make recommendations to the Athletic Director’s Committee.

MMHSAA Chairpersons

Boys - Mike Thoin St. Joe’s mthoin@sjci.com

MMHSAA League Meetings

League Pre-Season - The soccer committee chairperson or representative will attend all league coaches’ pre-season meetings.

League post-season - Each league must meet on or before Monday, October 22.

MMHSAA PLAYOFFs

Note: Start times for MMHSAA contests are standardized, however, if a legitimate need for a time change arises within a school, a request must be submitted in writing to the Executive Director 48 hours before the scheduled league match. Afterwards, time changes will only be considered in extenuating circumstances and must be approved by the Executive Director and the Sport Chairperson.

Semi-finals Tuesday, October 29 at the higher seeds at 3:30 PM

Finals Friday, November 2 at Canisius College, Division B followed by Division A – TBD

NOTE: Days, times, and sites are tentative, based upon field and officials’ availability. Higher seed is always the home team and could possibly play at home through the semi-finals.

STATE CHAMPIONSHIP

Friday, November 8, Saturday, November 9, and Sunday November 10, 2019 in New York City

MMHSAA Chairperson Responsibilities

The chairperson will be appointed to the position by the MMHSAA Athletic Council, for a term of three years. The chairperson will follow all of the rules and regulations set forth by MMHSAA and the NYSPHSB.

LEAGUE CHAIRPERSON’S RESPONSIBILITIES

1. Conduct preseason coaches meeting. Submit minutes to the Executive Director within five days of the meeting. Organize and administer additional meetings as necessary for the proper and efficient conduct of league competition.
2. Maintain a directory of coaches in your league.
3. Send schedule to Executive Director/assigner and *The Buffalo News*
4. Send weekly standing to *The Buffalo News* Sunday and after 6:00 pm. Phone 849-4461, Fax 849-4587. They are also to be sent to the Executive Director via text or email.
5. Secure dates and acquire permits of playoff/meet sites when needed.
6. Submit to Executive Director dates of State/Federation information when transportation and accommodations will be needed.

7. Compile standings prior to playoffs and submit to Executive Director for program publication.
8. Contact playoff teams to finalize times and sites.
9. Pick up trophies.
10. Assist the Executive Director in the execution of duties and responsibilities of that office upon request as they pertain to your sport. Arrive at playoff site to assist Executive Director, and present awards after event.
11. Shortly after league play is completed, organize and conduct an All-Catholic Meeting for your sport, and report results to the Executive Director and *The Buffalo News*. This meeting **MUST** take place prior to the playoffs as it is the intention of the MMHSAA to recognize All-Catholics at the Championship game.
12. League Chairperson(s) will represent MMHSAA at the **All Western New York All-Stars** after all league All Stars have been selected
13. Remain in contact with Executive Director, schools, and athletic directors in the event of cancellations, for rescheduled dates.
14. Prepare and submit an end-of-season report to be given out to the Athletic Directors that would also include coach's recommendations for the athletic directors to vote on.
15. Submit voucher for payment of stipend to Executive Director with end-of-season report.
16. Complete the requirements on the Chairperson Check [List](#).

COACHES' RESPONSIBILITIES FOR MMHSAA

1. Read Boys Soccer Handbook carefully; it contains a detailed list of coach and school responsibilities.
2. EVERY COACH/SCHOOL is asked to complete:
 - a. Roster form AS SOON AS YOUR TEAMS ARE FINALIZED, and email it to the Executive Director.
 - b. ALL ROSTERS ARE DUE before your first game. Finalized rosters are due by September 20.
3. Coaches are **required** to submit their league wins, losses, and ties, along with all cautions and ejections (for league and non-league games) to their soccer committee representative on a weekly basis. Make sure referees verify all cautions and ejections before they leave the game site.
4. Teams should arrive at the site no later than thirty minutes prior to the scheduled match.
5. All players must wear jerseys numbered on the front and back, with no duplicate numbers.
6. Participating teams must bring:
 - a. Practice balls. To be secured during the match.
 - b. Personal towels, locks, med. kit, etc.
 - c. Team roster - A copy must be given to both the officials and the opposing coach. The winning team is responsible for reporting match results.
7. NFHS Rules will govern play.
8. Be responsible for the behavior of all persons listed on your roster. This includes behavior on the bench, in the locker rooms, and anywhere else on the MMHSAA site.
9. The winning coach in MMHSAA matches must call in match results:
 - a. *The Buffalo News* - 1-800-777-8610 Click for additional [Media](#).
10. **Protests:** In the event of a protest, stop play and report to Site Chairperson. A protest committee will decide at the site.

Site Chairperson Responsibilities

The Site Chairperson will:

- Make himself/herself accessible and visible to supervisors, coaches, players, spectators, and officials.
- Station all supervisory personnel assigned to the match.
- Greet supervisors at the door and make assignments immediately.
- Assign the following adults:

1. Scorekeeper/timer
2. Supervisor (if necessary)
3. Announcer

NOTE: MMHSAA will provide ticket sellers/takers for semi-finals and finals at neutral sites. Cooperate with the MMHSAA crew handling the gate/purse for semifinal and final matches

SUPERVISORS:

All supervisors are to report to the Site Chairperson for supervisory assignments. This includes supervisors from both participating teams, as well as the host school supervisors. It is strongly suggested that supervisors wear a ribbon that will make them readily visible, identifiable, and accessible to the crowd and to the Site Chairperson.

Special Responsibilities of Site-Chairperson:

1. The Site-Chairperson will inform participating coaches that there are 30 minutes for pre-game warm-up. No one should take the playing surface sooner.
2. Provisions should be made for a simple flag ceremony or *Star-Spangled Banner* prior to the match.
3. Starting teams and officials should be introduced to the spectators.
4. Have phone numbers of local ambulance, police, and rescue squad/fire department.
5. Any additional expenses **MUST** be approved by the Executive Director **PRIOR TO THE EVENT**.
6. For the officials' pay schedule, refer to the [2018-2021 Officials Contract](#).
7. Admission policy: There will be an admission charge for the league playoffs, not to exceed \$10.

Soccer Rules Changes - 2019-20

3-4-3 NEW: The clock shall be stopped when a substitute by the team in the lead is beckoned on the field in the final five minutes of the second period only.

Rationale: Rule affected by change in 7-4-3.

4-3: Improperly Equipped Players (18-1-1u)

Cautions will not be issued for improperly equipped player(s).

If not immediately correctable, improperly equipped player(s) shall be instructed to leave the field of play when the ball next ceases to be in play. The player(s) may be replaced. The removed player(s), if not replaced, may re-enter at the next dead ball only after reporting to an official, who shall be satisfied the player's equipment and uniform are in order. Play shall not be stopped for an infringement of this rule except that the referee may stop play immediately where there is a dangerous situation.

Rationale: The change corrects an injustice. For the far more serious infringement of illegal equipment, the offending team does not play shorthanded. For the less serious offense of improper equipment, they are required to play shorthanded. The change addresses this inequity.

5-3-1d: The officials shall:

(d) call out "play on" and, with an under swing of one or both arms, indicate a foul which was observed but shall go unpenalized because penalizing the offending team would give an advantage to the offending team. If the referee applies the advantage, which was anticipated but does not develop at that time, the referee shall penalize the original offense.

Rationale: This change permits the use of one arm to signal advantage.

7-4-3 NEW: The clock shall be stopped when a substitute by the team in the lead is beckoned onto the field in the final five minutes of the second period only.

Rationale: Coaches in the lead will make multiple substitutions in the later stages of the match. This tactic is being used as a time-wasting ploy. Adding this rule will help the game to be decided by the players and not a coach who is wasting time when in the lead. These substitutes are usually players from the far side of the field that take more time off the clock. This addition would stop this practice.

9-2-1: The game is restarted with a drop ball:

- a. when the ball is caused to go out of bounds by two opponents simultaneously;
- b. when the ball becomes deflated;
- c. following temporary suspension of play for an injury or unusual situation and a goalkeeper is not in possession of the ball
- d. when simultaneous fouls of the same degree occur by opponents.

Rationale: This rule changes the awarding of a free kick to a drop ball thereby possibly creating a scoring opportunity for a team undeserving.

9-2-3: The ball is dropped by an official from waist level to the ground. Any number of players may contest a dropped ball (including the goalkeepers); a referee cannot decide who may contest a dropped ball or its outcome.

Rationale: This addition helps to provide clarity in the application of this rule.

9-2-5 NEW: ART. 5 . . . The ball shall be dropped again if it touches a player before it touches the ground or leaves the field of play after it touches the ground without touching a player.

Rationale: This addition helps to avoid confusion and allow the rule to be more equitable under the circumstances.

9-2-6 NEW: ART. 6 . . . If a dropped ball enters the goal without touching at least two players, play is restarted with a goal kick if it enters the opponent's goal or a corner kick if it enters the team's own goal.

Rationale: This addition helps to avoid confusion and allow the rule to be more equitable under the circumstances.

9-3: In case of a temporary suspension due to injury or any unusual situation the game shall be started by a drop ball at the point where the ball was when the play was suspended (except as noted in 14-1-7), provided the ball was not in the goal area and not in the possession of the goalkeeper. 12-8-2

Rationale: This change will eliminate free kick opportunities that often create scoring opportunities that are not deserved.

Points of Emphasis

1. Anterior Cruciate Ligament (ACL) Injury Prevention.
2. Pre-game Communication Between the School Administration and Game Officials.
3. Official's Communicating Misconduct with Coaches.
- 4.

Definition of a Scrimmage for Boys soccer

A scrimmage is a practice that is a **SIMULATED CONTEST**. In scrimmages: (a) both squads use the same field simultaneously with both coaches making corrections and giving instructions, (b) **GAME RULES MUST BE ALTERED – SEE SPORT SPECIFIC REQUIREMENTS [NYSPPHSAA HANDBOOK](#)**, (c) no official score is kept, (d) time period(s) are defined in the Sport Standards MMHSAA of the NYSPPHSAA Handbook , (e) no admission is charged. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules. For Boys soccer:

A soccer scrimmage may not exceed a total of 100 minutes and unlimited substitutions are permitted. The length of time for the periods of play is to be determined by the coaches, not to exceed 40 minutes in any one period: halves, three periods or quarters. Scoreboards may be used for timekeeping only. The clock will begin with the goal keeper in possession of the ball. When a goal is scored, play will be restarted with goalie possession. The goalie can restart play with a goal kick, goalie throw or goalie punt.

Sportsmanship Policy

Upon a review of the 3-year composite report of sportsmanship incidents in boys' and girls' soccer, the MMHSAA Soccer Committees in conjunction with the MMHSAA Athletic Council developed a more stringent policy to monitor the cautions and ejections in boys' and girls' soccer.

This policy will be used for all levels of play. All Coaches and officials are required to report their red and yellow cards. Varsity coaches must submit an accurate team roster with jersey numbers to the MMHSAA office prior to the team's first scheduled contest. **All coaches are required to report their red and yellow cards to Mike Thoin (mthoin@sjci.com) and to the league office (mmhsaa2017@gmail.com) immediately after each game.**

Red and Yellow Cards will also be reported to each school's Athletic Director, who will assist the MMHSAA office and the Soccer Chairman in keeping track of the cards that are assessed. Junior Varsity and Modified coaches will report their Cards to their Athletic Director.

RED CARD POLICY	YELLOW CARD POLICY
1st Red Card - One Game Suspension 2nd Red Card - Two Game Suspension 3rd Red Card - Suspension for the remainder of the Season (including MMHSAA and States)	3 Yellow Cards - One Game Suspension Each additional Yellow Card - One Game Suspension

Double Yellow Cards will not count for the overall total, as it results in a Red Card. The player will have already been suspended through the Red Card Policy.

The cumulative card total is for all games, regular season only* – 22 games maximum. The process will start over for MMHSAA Playoffs and States. Any penalty awarded during one level of play will carry over to the first game of the next level of play. (Example: A player received his/her 3rd Yellow Card in the last regular season game, then the player will sit out the 1st MMHSAA game; if received in last MMHSAA game, sits out the state game.)

RED & YELLOW CARD POLICY
MMHSAAALS, REGIONALS AND STATES

3 Yellow Cards - One Game Suspension
1 Red Card - One Game Suspension

For Officials:

1. All Red Cards issued must be reported to MMHSAA using the ON-LINE DQ form in www.Arbitersports.com. This form is automatically emailed to Section VI Executive Director Tim Slade and will be forwarded to MMHSAA Executive Director Pete Schneider.
 - In Arbiter sports, click on the tab LISTS, then the sub-tabs FORMS. Or click here [DQ Form](#)
2. All Yellow Cards issued must be reported by the lead official in the Game Report. Instructions:
 - In Arbiter sports, click on the tab SCHEDULE, then click on the red **R** in the Notes column next to the Game number. To see previous games, click on SHOW ALL under Display on the left.
 - Enter the name/number of the athlete and brief description of the yellow card in the comments field.
 - The DQ Form can also be accessed from the Game Report.
3. The lead official must complete the Game Report in www.arbitersports.com after each game even if no cards were issued. (See item 2 for instructions)

MaxPreps

We will be using MaxPreps to track league records and statistics. Please set up an account and send the account information to the league chairman and to the executive director at mmhsaa2017@gmail.com.

More MaxPreps Links

<http://support.maxpreps.com/hc/en-us>

App links

<http://www.maxpreps.com/mobile/home.aspx>

MMHSAA Classifications for 2019 Boys soccer

Division A

Canisius

Nichols

St. Francis

St. Joseph's Collegiate Institute

Division B

Bishop Timon-St. Jude

Cardinal O'Hara

St. Mary's of Lancaster

Playoff Tournament

All schools participate in MMHSAA playoffs. Boys "A" and "B" champions will be determined by playoffs, and the winner of the "A" championship will advance to the NYSCHSAA Championship

League Standings and Playoff Seeding:

1. MMHSAA uses a point system during the regular season to determine league standings:
 - a. Win – 3 points
 - b. Tie – 1 point
 - c. Loss – 0 points
2. In the event of a tie in the standings, both teams will be awarded the position. Tie breakers will be used only for seeding purposes.
3. Tie Breakers
 - a. head to head
 - b. division record
 - c. wins over common opponent-
 1. Tied teams start with the top of the regular season standings, and work their way down the standings until there is a difference in record against a team. Once there is a difference, the team with the better record becomes the higher seed

- d. Least goals within a division
 - 1. flip of a coin, the team with the better record becomes the higher seed
 - e. flip of a coin
- 4. In the event of a 3-way (or more) tie, the above procedure will be applied using only the games played between the tied teams. Once a tie is broken by the above system, and if ties among remaining teams still exist, those ties are broken by starting again at the top of the tie-breaking system starting at step 1, if two teams are still tied. Start at Step 2 if more than two teams are still tied

MMHSAA Playoff Details

Pre-game Protocol if PA system is available

Seven (7) minutes before kick-off, referee and assistant referees (AR's) will lead teams to midfield; referee to center spot, AR's leading their respective teams around the center circle, meeting the referee in the center. Team starters will be introduced.

Sportsmanship Statement: will be read by the announcer followed by the National Anthem

1. Two 40-minute halves will be played.
2. If the score is tied:
 - In regular season: Two ten-minute sudden victory periods will be played to determine the winner.
 - In MMHSAA playoffs: Two fifteen-minute sudden victory periods will be played.
3. If the score is still tied, penalty kicks will be used to determine which teams progresses to the next round. The procedure is in the National Federation rulebook. When penalty kicks determine a winner, add one goal to the score of the winning team to indicate the official team score. In tournament progression, an asterisk may be placed by the name of the team advancing on penalty kicks to indicate that the advancement was the result of a tie-breaker system.
4. In the MMHSAA championship game, co-champions will be declared if the score is still tied after the sudden victory periods. N.B., In the MMHSAA final, penalty kicks will determine who proceeds to the state tournament.
5. Suspended games
In the event a game (regular season or post season) must be suspended because of conditions (see MMHSAA Lightning Policy) which make it impossible to play, the head referee shall declare it an official game if one (1) complete half or more of the game has been played and one team is ahead in the score. If less than one half has been played, the game will resume from the point of suspension. If the game is tied in the second half, the game will resume from the point of suspension.

Situations:

Score: Team A - 2, Team B - 1 at 32 minutes of the game.
The game will resume at the 32 minutes.

Score: Team A - 2, Team B - 1 at 62 minutes of the game.
Team A is declared the winner and advances.

Score: Team A - 2, Team B - 2 at 62 minutes of the game.
The game will resume at the 62 minutes.

6. Protests: In MMHSAA regular season games, there is a protest procedure established by the MMHSAA. Coaches, make sure you are aware of the proper procedures. In post-season MMHSAA games, an on-site committee handles any protests.

7. A referee who issues a red card must report it within 24 hours using the on-line DQ Form in Arbitersports.com. The lead referee must complete the Game Report in Arbitersports.com after each game, entering the game score and all yellow card information.
8. Please review the MMHSAA Policy on Travel to State Competition in the League Handbook.

Selection of Officials for MMHSAA Competition

Officials for MMHSAA contests will be assigned by the MMHSAA Executive Director or by his designee in Arbitersports.com. Varsity officials who have the potential to work MMHSAA contests must have their availability up to date in Arbitersports.com before being assigned. An official's ranking for MMHSAA assignment will be based upon the REFEREE RATING FORM as well as input from the Boys MMHSAA Chair, coaches, and assigner. Additional qualifications for selection include:

1. The official's name must appear on his/her Referee Unit's Official Roster in Arbitersports.com prior to the beginning of the soccer season.
2. The official must have officiated a minimum of six games throughout the season. If an official wishes to be considered for assignment in both boys and girls MMHSAA soccer, he/she must have officiated a minimum of six games in each program. The MMHSAA Soccer Committee may override the six-game minimum in case of extenuating circumstances. An official may submit a request for review of his/her circumstances no later than one week prior to the playoffs.
3. Geographic location will be considered by the MMHSAA Soccer Committee in assigning for the early rounds of the MMHSAA.
4. Three-man officiating will be used for soccer semi-finals as well as finals.

MMHSAA Safety Policy on Cheerleading

The purpose of cheerleading is to foster school spirit, encourage sportsmanship, and assist in crowd control. In the interest of safety and to prevent injury to cheerleaders, the following pyramids, vaulting devices, and maneuvers are prohibited at all MMHSAA post-season competition: • Mini-trampolines, spring boards, and any other devices for increasing height. • Falling to the knees or falling to a knee slide. • Flips, handsprings, walkovers, and falls from the tops of pyramids or bases (walkovers, splits, round-offs, and cartwheels from the floor are allowed). • All tosses. • Pyramids in excess of double level stunts. A pyramid is limited to multiple double level stunts which may or may not connect to other multiple double level stunts on single people. Definitions: • A double level stunt is defined as a stunt involving a base in mount(s). • A base is defined as a person contacting the floor. • A mount is defined as a person held by a base. • A support is defined as touching for the purpose of design, but not balance. The MMHSAA Executive Director strongly recommends that each school accept the above policy for league competition; otherwise, the home-school rules shall govern regular season play.

NOTE: Both cheerleading squads will have the option to perform at half-time at all MMHSAA contests.

Contingency Plan for Playoff Competition (weather or illness)

Games hosted by one of our schools

1. Contests be hosted by one of our schools will be considered for postponement only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the Athletic Director of a host school (or designee) to notify the Executive Director that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. If the game is cancelled the officials and the media will be notified by the Executive Director (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the school principal.

4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.

Games hosted at a Neutral Site

5. When a contest is at a non-school site (neutral site): If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility is closed, then the competition will be cancelled. If a school is closed, the Executive Director of the MMHSAA will communicate with the school to determine if the game can be played as scheduled. *Under NO CIRCUMSTANCES is a site contracted by MMHSAA available for practice when a competition is cancelled.*
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. PLEASE NOTE: It is up to the MMHSAA schools to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems. The MMHSAA schools should schedule their last league contest at least one or two days prior to the playoffs, allowing for a make-up of league contest(s) prior to the playoffs if necessary.

All-WNY Scholar Athletes

Coaches and Athletic Directors are encouraged to nominate athletes for selection as All-WNY Scholar Athletes. Applications must be completed on-line. Click here for [The criteria for selection and the Nomination Form](#). All paperwork, along with a copy of the completed online application, must be mailed or e-mailed to the MMHSAA office before **November 14**. Those selected will be honored by both MMHSAA and *The Buffalo News*.

MMHSAA AED Policy

The game site chairperson will be responsible for securing an AED for the certified trainer's use at all MMHSAA post-season contests, and at all state contests that are hosted by MMHSAA. A certified trainer will be provided at all post-season contests held at NEUTRAL SITES, if the schools are not providing their own coverage. It is recommended that the Home School provide a certified trainer at events that they are hosting. Note: If a school suffers loss or damage to an AED that is being used for postseason contests, MMHSAA will be financially responsible.

Regulations Regarding Senior All-Star and Outside Agency Contests

1. All Senior All-Star and Outside Agency contests **MUST** be approved by MMHSAA. In addition, Senior All-Star contests must be approved by NYSPPHSAA. The forms required are posted on the MMHSAA website*.
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the MMHSAA Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the MMHSAA website*.
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. *A contestant may participate in any approved senior all star athlete contest in the same sport during the school year. (approved October 24, 2013, NYSPHSAA Executive Committee Meeting).*

NOTE: A Senior All-Star contest by NYSPHSAA standards is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open tryouts are held, the contest is NOT a NYSPHSAA All-Star contest.

MMHSAA Thunder and Lightning Policy

“Thunder and lightning necessitate that all contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. If lightning and/or thunder is observed, all outdoor activities will be suspended immediately. Players and spectators shall be directed to report to a shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car). The officials and responsible authorities shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official/coaches shall wait 30 minutes from the time the last boom is heard and/or the last strike is seen before starting or resuming play.

CLARIFICATIONS:

PRIOR TO CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials/coaches 30 or fewer minutes prior to the scheduled start of that contest, the officials/coaches and the responsible school authorities shall not permit the contest to begin. Before the contest can begin, a 30-minute period void of any strike or boom must be observed.

DURING THE CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials/coaches during the playing of the contest, the officials/coaches shall immediately cease play for 30 minutes. Play may not resume until there has been a period of at least 30 minutes in which no boom or strike has been observed. The rules of the sport shall determine whether the contest is considered official or must be resumed later. (Please refer to item #5 Suspended Games located in MMHSAA Playoff Detail).

Policy on Travel to State Competition for Team Sports
Check the MMHSAA Travel Policy for information.

Member schools participating in state competition will be responsible for all costs related to their participation. MMHSAA responsibility for member school participation in state championships is outlined below.

SUPERVISION:

It is required that one or more certified coaches travel with the student athletes from their school and be present on any MMHSAA contracted bus, as well as the location where the athletes are housed, state competition where the athlete(s) will compete, and all related events.

TRANSPORTATION:

- a) MMHSAA will make transportation arrangements for their athletes involved in state competition in team sports. Schools will be responsible for all transportation costs.
- b) Travel stipends will be applied as per the travel policy.

LODGING:

all lodging costs.

MEALS:

Schools will be responsible for the cost of athletes' meals at state competition.

Sportsmanship Philosophy and Code of Conduct Philosophy

1. We believe that interscholastic athletics is an important part of education and supports the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests, as part of an overall school program, are intended to be enjoyed. Behavior that reflects a winning-at-all-costs attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

Sportsmanship Pledge

The following statement will be read over the public-address system just prior to the pledge to the flag. If there is no public-address system, the statement will be read to both teams by the site chairperson or his representative:

The New York State Catholic High School Athletic Association and the Monsignor Martin High School Athletic Association requires that game administrators, school administrations and officials enforce a **ZERO TOLERANCE POLICY** for athletes, coaches, and spectators. They will not tolerate negative statements of actions between opposing players, especially abusive language, trash talking, taunting, or baiting of opponents. If such comments are heard or actions seen, a penalty will be assessed immediately. Spectators are reminded that berating of officials; the making of negative comments toward either team; or displaying inappropriate behavior are ejection offenses.

The playing field is an extension of our classrooms. Please practice good sportsmanship."

This announcement stands as the official warning of the **ZERO TOLERANCE POLICY**. Let today's contest reflect mutual respect between all participants and spectators.

Heat Index Procedures

Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) will be checked one hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download the WeatherBug app to your phone or log into www.weatherbug.com
- Enter the zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) at halftime or midway point of the contest. If the Feels Like temperature (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (e.g., 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (e.g., 2hr practice = 2hr recovery time.) Lightweight and loose-fitting clothes should be worn. For Practices only: Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should be held only if air conditioned. Approved May 1, 2010; Updated, July 27, 2017

Wind Chill Procedures

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download WeatherBug app to your phone or log into www.weatherbug.com.
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like (wind chill) at halftime or midway point of the contest. If the Feels Like (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (wind chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D E D	Wind Chill Caution: Feels Like Temp (wind chill) 39 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Feels Like Temp (wind chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Feels Like Temp (wind chill) 9 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when the Feels Like temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Feels Like Temp (wind chill) -11 degrees or lower	No outside activity, practice or contest, should be held. Approved May 1, 2010; Updated July 27, 2017

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

